

Cecil Court

A true Home
from Home



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A warm welcome to Cecil Court



Cecil Court is a thriving, award-winning care home that champions a loving, safe and warm community. Set in the stunning location

of Kew, on the banks of the River Thames, we offer personalised and specialist long-term and respite care for up to 45 residents. We are highly regarded in particular for our expertise in dementia and memory care.

We will work with you, your relatives, your friends and our professional health teams to find the right type of care; creating a personalised care plan based on your needs, but also your preferences and personality.

At Cecil Court, we pride ourselves on offering every resident a real 'Home from Home'. We find out all about people before they move in, and this means we can provide a personal approach straightaway as a result.

Having worked here since 1997, I know that our stunning home and wonderful team provides care services that support residents in feeling both happy and settled. We'd love to have you come and visit, and very much hope you will decide that Cecil Court is the perfect home to meet your every need.

Fiona Saadat BEM

Fiona Saadat BEM

Manager, Cecil Court



We strive to
feel like **home**
first; a care
home second

Helping you settle – from Day One

We fully understand that moving yourself, or one of your loved ones, from home to a care environment can be an unsettling and sometimes quite traumatic experience.

At Cecil Court, we aim to make the moving in period as smooth as possible. If you're thinking about a care home but are unsure, why not come and take a look? You can book a tour of the home, have a cup of tea and cake from our kitchens, and meet our friendly staff. There's even a virtual tour available on our website, for you to view us from the comfort of your own home.

We believe and hope you will find that Cecil Court offers a fantastic day to day environment in which to live. If you do decide to stay with us longer-term, we will work hard to get to know both you and your loved ones quickly and on a personal level. We have a great relationship with family members and friends of our residents, all of whom are regular visitors to our home.



If you're thinking about a care home but are unsure, why not come and look around?



Book a tour of the home

Have a cup of tea and cake, and meet our friendly staff.



View a virtual tour

For you to view us from the comfort of your own home.



Book in a short stay

Come and visit for a week, or even just a couple of days.

Try us out. We're really confident you will have a positive and enriching experience.

“

“In my opinion, Cecil Court is a **beacon for dementia care**. It sets very high standards and has a continued **commitment to improve and deliver a better service** in support of individuals with dementia, their families and friends.”

Dr Robert M Lawrence, Consultant Psychiatrist, SW London & St George's Mental Health NHS Trust

Covid-19 update

Cecil Court continues to maintain high standards of protection against Covid-19. We support and encourage our residents and staff to be fully vaccinated and we can arrange for new residents to receive vaccination(s) if required. We test residents displaying any symptoms of Covid-19, and have lockdown procedures in place should the home experience a Covid-19 outbreak.

Both staff and visitors to the home are required to wear full personal protective equipment (PPE) when delivering personal care and masks continue to be worn at all times.

Social distancing is maintained between residents and visitors, aside from the resident they have come to see. Visiting can take place both indoors and outdoors and we have a range of solutions available. We take steps to maximise visiting as we recognise how important it is for our residents to stay connected with their loved ones.

A full list of questions and answers related to our Covid-19 policy is **[available on our website](#)**.



A beacon for those living with dementia

We pride ourselves in having built an outstanding reputation for supporting residents with dementia. This is led by our 'Out Not In' care strategy, which sees us focusing on activities that residents are able to do rather than those they can no longer do.

We work closely with My Life Films, who create unique personalised video stories for our residents that reflect on their lives and include pictures, music and interviews from loved ones. We've started an internal radio station, which plays the songs our residents cherish and remember. Both of these programmes offer excellent benefits.

Links with local community

Our team closely works with SW London & St Georges Mental Health Trust, supporting dementia research and recommending care solutions. Our Home Manager Fiona Saadat received the British Empire Medal in the Queen's Honours List for services to those with dementia, while Cecil Court was Highly Commended at the 2021 Care Home Awards in the Best for Specialist Care category.

Our successful activities programme is part of the reason residents' lives feel so enriched and fulfilled. For example, one social club sees residents enthusiastically engage in card games, dominos, piano and even sharing a pint together.

Our cooking classes are also popular with residents often sharing their own recipes with others. We encourage residents to remain fully engaged with their hobbies and interests.

The great outdoors

Nature is also so important to us in allowing residents space and freedom to enjoy the world around them and stay active.

Residents help tend to our herb garden and vegetable plot, for example, and spend many hours enjoying all that our gardens have to offer.

And we very much encourage residents to head further afield and engage with the stunning local area. We are blessed to have Kew Gardens and Richmond Park on our doorstep, and regularly run local trips as well as supporting loved ones to take residents out for visits.

We also put on special outings to places of cultural interest. We have partnerships with the likes of the Royal Opera House, the Old Vic and Lords' Cricket Ground. During the summer, we even run enjoyable and memorable trips to the beach!

Our activities programme
has operated for 30+
years and **enriched
thousands of resident
lives** during that time.



Catering to your every tastes

When it comes to your stay at Cecil Court, we recognise it is never a 'one-size-fits-all' approach. There is no such thing here as a 'typical' resident and our team works hard to ensure that your own unique needs and tastes are catered for in every aspect.

For food, our expert chefs will take your meal preferences into account. We offer a wide variety of options and cater for dietary requirements, such as Halal. We provide special seasonal menus at times such as Easter and Christmas, and staff often eat with the residents in our dining areas, providing a relaxed shared experience.

We know that eating in a group environment isn't for all residents, all of the time. When and where you eat is your choice. If you'd prefer to sleep in in the mornings, for example, and have breakfast in bed at the time of your convenience, then that is what we will provide! Your family and loved ones are always welcome to join you for a meal.

For activities, we offer arts, fitness, dance and music classes to name but a few, hosted by professional facilitators who regularly visit the home. We also run an inter-generational project that involves residents interacting with primary school children; talking to each other, playing games, and taking part in a variety of activities. We were finalists in the Best Home for Activities category at the 2021 Care Home Awards.

There's a range of **visiting** options to suit both residents and their loved ones alike. Visitors can come to see our residents in their rooms, sit out in our gardens on nice days, or use our safe and secure visiting pods, which provide some protection from Covid-19 as well as privacy. Residents also keep in touch digitally, through the home's iPads and Skype-enabled TV.



Cecil Court's 'resident chef'!

Margaret, current resident



“Over the years, I’ve kept up my love of catering. I love doing pastries, I love doing cakes, I’ve done Christmas cakes for lots of people. I like most foods, there’s nothing really I dislike, and I would cook all sorts of different dishes.”

“I enjoy baking in the kitchens here at Cecil Court. If the chefs asked or wanted support one day for dinner, I would certainly be happy to help out, whatever I can help to do! But we do have good food here.

“Although I haven’t been here too long, it’s a nice relaxing place. I lost my husband fairly recently and became quite lonely.

At first I wasn’t sold on moving to a care home as I had many memories in my own house, and I worried I wouldn’t be able keep up my active lifestyle but I was reassured to see this was not the case. My daughter lives in London and she thought it would be nice to be near her. I’m very happy here; the staff are lovely, I have a nice room, I’m well looked after.

“I’ve settled here very well. I do like company, and you’re very well treated. Since I’ve been here I’ve been very surprised; you hear people outside say ‘I wouldn’t go into a home’ but everybody has been nice. I see my daughter and son-in-law pretty regularly, which is great.”

It feels like home

Enabling Cecil Court to feel like a 'Home from Home' includes helping you to personalise your room with your own furniture, pictures and memorabilia that you may have held for years. You can even choose your colour scheme and soft furnishings for your room before moving in, and most rooms come with an ensuite toilet with ensuite showers available for some rooms.

All profits we make are put straight back into the home to ensure that they are well maintained. Our activities programme also benefits in this way, as does our technological offering to support individual care programmes and your ability to engage and interact with others.



Our family feel

Not only do our residents and staff report how Cecil Court is like being part of a family, but so do their loved ones.

We build strong relationships with families and loved ones – be this a partner, child, niece or nephew, grandchild or a friend – and they are regular visitors to the home and gardens. Several regularly attend some of our events and classes, especially when we are celebrating a resident's birthday, or hosting a BBQ or garden party in the summer. Others enjoy taking their loved one out of the home to a pub or local restaurant for the afternoon.



What our residents' loved ones say about us

A selection of recently published Cecil Court reviews on carehome.co.uk

“

I must say to date, I have absolutely no problems and truly believe my darling mother is being well looked after by all Cecil Court care staff.”

“

“Cecil Court was recommended from the daughter of a previous resident. It is very well run and has a strong, approachable management team. The staff are dedicated, attentive, respectful and very caring.”

“

Cecil Court have been so caring and supportive to my Mum. I would definitely say that she has improved since being at Cecil Court rather than living at her own property. I feel so reassured that Mum is with people who have her best interests at heart.”

Please get in touch to find out more and book a tour



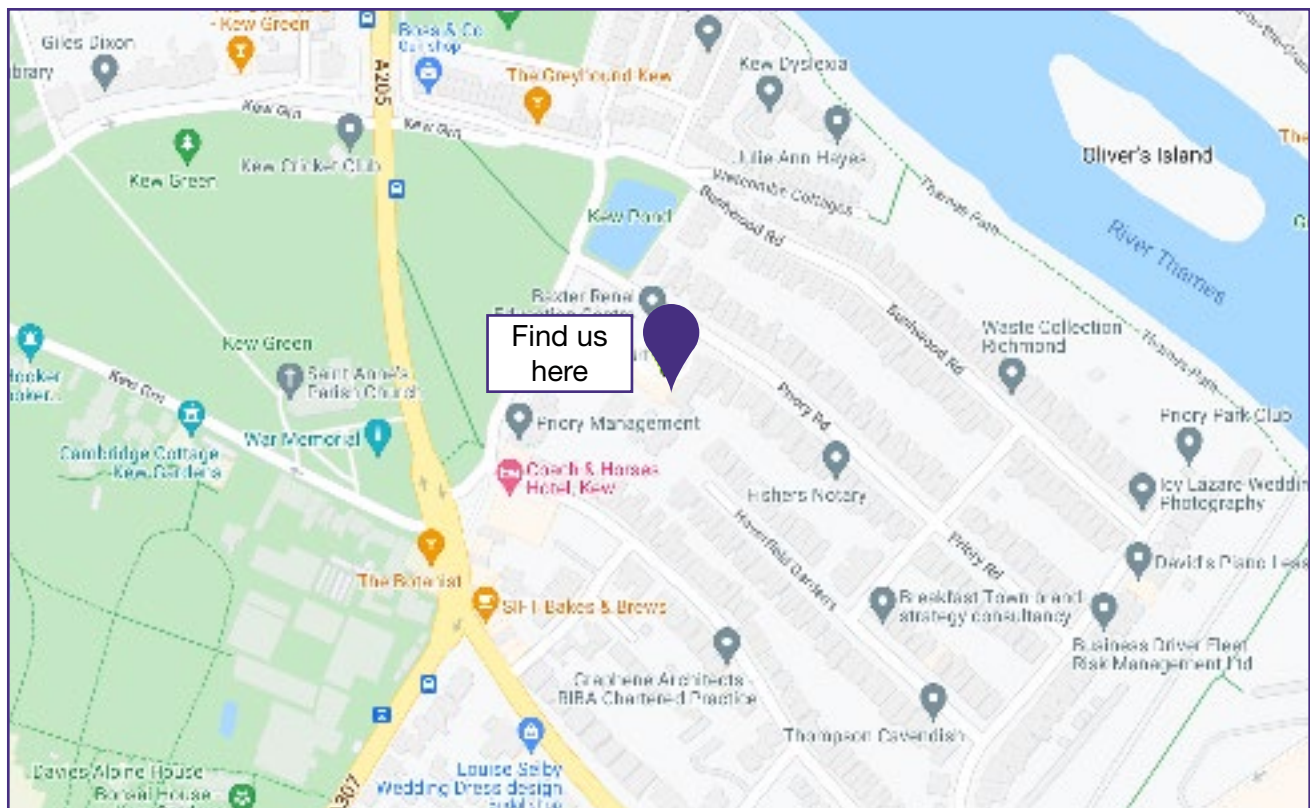
[020 8940 5242](tel:02089405242)



careenquiries@ccht.org.uk



ccht.org.uk/CecilCourt



All our care homes are registered with CQC and are fully compliant ensuring we meet the standards set out by CQC. For further details please look at our latest reports at: www.cqc.org.uk/cecilcourt



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