# Homemead A true Home from Home







C&C LONDON HOMES SINCE 1926

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ASTER



We strive to feel like home first; a care home second.

### A warm welcome to **Homemad**

Homemead is a beautiful Edwardian House that champions a loving, safe and warm care community. Boasting a magnificent sweeping staircase across its three levels, Homemead caters for up to 26 residents – its smaller size meaning we truly can provide individual and specialist long-term and respite care.

At Homemead, we work closely with both prospective residents and their family and friends to create a personalised care plan based on your individual needs, your preferences and your personality. We find out all about you prior to moving in, and as your needs change over time, our care will evolve, so you can be confident you will always be looked after in the right way.

Homemead boasts a vast and beautiful garden for you to relax in and spend time with your loved ones. A new sensory garden, which helps with residents' physical fitness, health, mood and cognition, was installed in 2022.

We'd love to have you visit, and very much hope you will decide that Homemead is the perfect home where you will feel happy, settled and supported.

## Helping you settle in from day one

We fully understand that moving yourself, or one of your loved ones, from home to a care environment can be an unsettling and sometimes quite traumatic experience. At Homemead, we aim to make the moving in period as smooth as possible.

We believe and hope you will find that Homemead offers a fantastic day to day environment in which to live. If you do decide to stay with us longer-term, we will work hard to get to know both you and your loved ones quickly and on a personal level. We have a great relationship with family members and friends of our residents, all of whom are regular visitors to our home.

In your first few weeks, we make every effort to integrate you by making you feel warmly welcomed, supported and engaged with our team and your fellow residents. You can get involved in our wide range of activities, enjoy our indoor and outdoor communal spaces, and our staff will always be on hand to ensure you are safe and cared for.

If you're thinking about a care home but are unsure, why not come and look around?

- Book a tour of the home
   Have a cup of tea and
   cake, and meet our staff.
- View a virtual tour
   View us from the comfort of your own home.
- Book a short stay
   Come and visit for a week, or even just a couple of days.

Try us out: www.ccht.org.uk/homemead



Paul Frimpong
Manager, Homemead



#### "

There is always a lot going on, which keeps my mother happy as she loves being around people. The team leaders are all lovely, as are the rest of the staff, and all of them are very helpful and cheerful and really care about the residents. Homemead is very homely.

Daughter of current resident

#### COVID-19 update

Homemead continues to maintain high standards of protection against COVID-19. We support and encourage our residents and staff to be fully vaccinated and we can arrange for new residents to receive vaccination(s) if required. We test residents displaying any symptoms of COVID-19, and have lockdown procedures in place should the home experience a COVID-19 outbreak.

Both staff and visitors to the home are required to wear full personal protective equipment (PPE) when delivering personal care and masks continue to be worn at all times.

Social distancing is maintained between residents and visitors, aside from the resident they have come to see. Visiting can take place both indoors and outdoors and we have a range of solutions available.

We take steps to maximise visiting as we recognise how important it is for our residents to stay connected with their loved ones.

A full list of questions and answers related to our COVID-19 policy is available on our website - **ccht.link/covid-plan** 



#### Expertly supporting all your care needs

We pride ourselves in having built an outstanding reputation for supporting residents with all care needs, in particular dementia. This is led by our 'Out Not In' care strategy, which sees us focusing on activities that residents are able to do rather than those they can no longer do.

#### Use of technology

We have a variety of technology solutions that enrich our care offering. Our pioneering use of technology saw Homemead named as a finalist in the 2022 Markel 3rd Sector Care Awards, while our ongoing excellence in supporting those living with dementia saw us receive the Dignity Award from Richmond Social Services.

My Life Films is one area of technology we utilise to support residents with dementia. We work to create unique personalised video stories for our residents that reflect on their lives and include pictures, music and interviews from loved ones. We use sensory-stimulating Tovertafel tables which provide interactive activities for residents to experience and enjoy, while Nourish digital systems monitor every aspect of care needs to enhance the quality of care.

#### The great outdoors

Nature is also so important to us in allowing residents space and freedom to enjoy the world around them and stay active.

Residents help tend to our herb garden and vegetable plot, for example, and spend many hours enjoying all that our gardens have to offer. And we very much encourage residents to head further afield and engage with the stunning local area. We are blessed to have Bushy Park and Teddington Lock on our doorstep, and regularly run local walks, café trips and outings to local church services, as well as supporting loved ones to take residents out visits.

We also put on special outings to places of cultural interest. We have partnerships with the likes of the Royal Opera House, the Old Vic and Lords' Cricket Ground. During the summer, we even run enjoyable and memorable trips to the beach!





#### Catering to your every taste

When it comes to your stay at Homemead, we recognise it is never a 'one-size-fits-all' approach. There is no such thing here as a 'typical' resident and our team works hard to ensure that your own unique needs and tastes are catered for in every aspect.

For food, our expert chefs will take your meal preferences into account. We offer a wide variety of options and cater for dietary requirements, such as Halal.

We provide special seasonal menus at times such as Easter and Christmas. and staff often eat with the residents in our dining areas, providing a relaxed shared experience.

We know that eating in a group environment isn't for all residents, all of the time. When and where you eat is your choice. If you'd prefer to sleep in in the mornings, for example, and have breakfast in bed at the time of your convenience, then that is what we will provide! Your family and loved ones are always welcome to join you for a meal.

For activities, we offer arts, fitness, dance and music classes to name but a few, hosted by professional facilitators who regularly visit the home. We also run an inter-generational project that involves residents interacting with primary school children; talking to each other, and taking part in a variety of activities. We were finalists in the Best Home for Activities category at the 2021 Care Home Awards.

There's a range of visiting options to suit both residents and their loved ones alike. Visitors can come to see our residents in their rooms, in our gardens, or use our safe and secure visiting pods, which provide some protection from Covid-19 as well as privacy. Residents also keep in touch digitally, through the home's iPads and Skype-enabled TV.





#### Homemead's resident pianist!

"I've played the piano on and off all my life. I've had the same piano all the time as well and it lives in the home with me, I'm glad to have it here as I am here for good. I get it tended to occasionally and it doesn't l've played. I love to hear what I'm doing sound out of tune, though you have to watch it a bit. It's a good piano, it makes a nice sound. I love playing for a while, until I make too many mistakes! You've got to keep practicing and work at it.

"I don't play too often as there's so many people here and there's always something going on! My plan was to play the piano early in the morning when no-one else was around, but I'd probably make so much noise I'd wake everyone up!

"Give me a bit of music and I can learn to play it. I entertained the residents and staff at Easter recently, and again at Christmas. Some of the staff have sung around me as and physically I like to feel what I'm doing. I mostly like classical, particularly Chopin.

"The piano's one of the most important things here in the home with me. I do find Homemead a real home from home. My bedroom is lovely, a large room with two great big windows looking out to the garden and then street. And the food is good!"



#### It feels like home

Enabling Homemead to feel like a 'Home from Home' includes helping you to personalise your room with your own furniture, pictures and memorabilia that you may have held for years. You can even choose your colour scheme and soft furnishings for your room before moving in, and most rooms come with an ensuite toilet with ensuite showers available for some rooms.

All profits we make are put straight back into the home to ensure that they are well maintained. Our activities programme also benefits in this way, as does our technological offering to support individual care programmes and your ability to engage and interact with others.



#### Our family feel

Not only do our residents and staff report how Homemead is like being part of a family, but so do their loved ones.

We build strong relationships with families and loved ones – they are regular visitors to the home, are actively engaged and always warmly welcomed. We send photos of their loved ones through WhatsApp and email them of any information or update related to their loved one's stay. If our residents are admitted to hospital, we regularly visit them and look forward to them coming back to our home.

The majority of our staff have been worked at Homemead for many years, enjoying promotion through the ranks. We actively encourage them to seek professional qualifications.



#### What our residents' loved ones say about us

A selection of recently published Homemead reviews on www.carehome.co.uk.

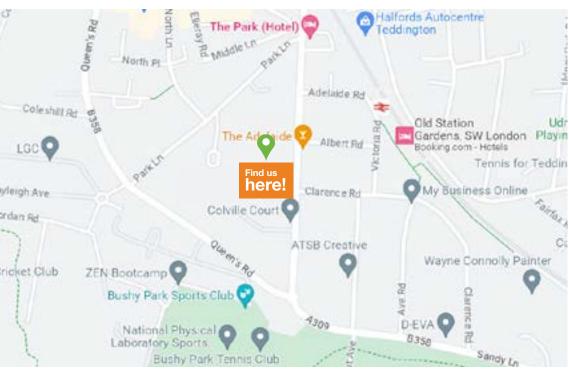


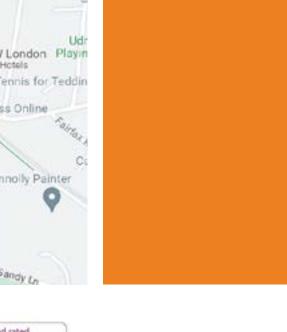
The staff are excellent. This is a warm and caring home that is run by a charity (i.e.not for-profit) that focuses on dementia care. I am so happy I found it for my mother.

"

The compassion showed by Homemead went beyond anything I could ever provide. Through patience, understanding and great communication, we saw how much our loved one benefitted and improved their quality of life. I cannot recommend Homemead enough.

#### Get in touch to find out more!





### Please get in touch to find to find out more and book a tour:

- Call us on: 020 8977 5002
- Email us on:
  <a href="mailto:careenquiries@ccht.org.uk">careenquiries@ccht.org.uk</a>
- Www.ccht.org.uk/homemead



All our care homes are registered with **CQC** and are fully compliant ensuring we meet the standards set out by **CQC**.

For further details please look at our latest reports at: <a href="https://www.cqc.org.uk/homemead">www.cqc.org.uk/homemead</a>.











