

Compton Lodge

A true Home from Home



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LONDON HOMES
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ASTER
GROUP

A warm welcome to Compton Lodge

Compton Lodge is a beautiful home operating 32 rooms over two floors. Its smaller size means we are truly able to provide individual and specialist care in a loving, safe and warm community, and there is a wonderful family feel between residents and staff – with a 1:5 minimum ratio.

At Compton, we work closely with both residents and loved ones prior to you moving, in order to create a personalised and digital care plan based on your individual needs, preferences and personality. As your needs change over time, our care will evolve, so you can be confident you will always be looked after in the right way.

Many of our residents have an artistic background. This vibrant mix of people from different cultures and backgrounds makes Compton Lodge a hive of creativity. Residents also benefit from a range of specialist technologies for added safety and security around the home, along with a vast and beautiful garden which is admired by all.

We'd love to have you see Compton Lodge for yourselves, and very much hope you will find it the perfect 'home from home' where you will feel happy, settled and supported.

Robert Kornas
Manager, Compton Lodge



Helping you settle – from day one

We fully understand that moving yourself, or one of your loved ones, from home to a care environment can be an unsettling and sometimes quite traumatic experience.

We believe that Compton Lodge offers a fantastic day to day environment in which to live, and we aim to make the moving in period as smooth as possible. Both family members and friends feel part of our home – and Compton boasts a well-established friends and relatives group who share thoughts and ideas, and warmly welcome new members.

In your first few weeks, we make every effort to integrate you by making you feel welcomed, supported and engaged with our team and your fellow residents. You can get involved in our wide range of activities, enjoy our indoor and outdoor communal spaces, and our staff will always be on hand to ensure you are safe and cared for.



If you're thinking about a care home but are unsure, why not come and look around?

- **Book a tour of the home**
Have a cup of tea and cake, and meet our staff.
- **View a virtual tour**
View us from the comfort of your own home.
- **Book a short stay**
Come and visit for a week, or even just a couple of days.

Try us out:
www.ccht.org.uk/compton



We strive to feel like **home first**; a care home second

“

I think I've become more **sociable here**. While I'm fairly new to painting, I like to fill my day with colours and will give anything a go!”

Julia, Compton Lodge resident

Covid-19 updates

Compton continues to maintain high standards of protection against Covid-19. We support and encourage our residents and staff to be fully vaccinated and we can arrange for new residents to receive vaccination(s) if required. We test residents displaying any symptoms of Covid-19, and have lockdown procedures in place should the home experience a Covid-19 outbreak.

Both staff and visitors to the home are required to wear full personal protective equipment (PPE) when delivering personal care and masks continue to be worn at all times.

Social distancing is maintained between residents and visitors, aside from the resident they have come to see. Visiting can take place both indoors and outdoors and we have a range of solutions available.

We take steps to maximise visiting as we recognise how important it is for our residents to stay connected with their loved ones.

A full list of questions and answers related to our Covid-19 policy is [available on our website](#).



Compton Lodge – a work of art!

With Compton Lodge having been the former home of renowned concert singer Dame Clara Butt, it's perhaps no surprise that several residents have had professional careers or a strong affinity with the arts. Compton comes equipped with a well-used dedicated arts studio that residents love, and professional facilitators run a variety of arts and craft activities each week.

Engaging with the great outdoors

As well as art, we pride ourselves in having built an outstanding reputation for encouraging residents to continue engaging in wider society and the nature around us. This is led by our 'Out Not In' care strategy, which sees us focus on activities that residents are able to do rather than those they cannot.

Residents spend many hours enjoying all that our garden has to offer, and are looking forward to the new sensory garden to be installed during 2022. We are blessed to have Primrose Hill Park and Hampstead Heath on our doorstep, and regularly run local walks, café trips and group outings to the likes of Camden Lock.

We also put on special outings to places of cultural interest. We have partnerships with organisations such as of the Royal Opera House, the Old Vic and Lords' Cricket Ground. During the summer, we even run enjoyable and memorable trips to the beach!

Use of technology

We have a variety of technology solutions that enrich our care offering. We use sensory-stimulating Tovertafel tables which provide interactive activities for residents to experience and enjoy, while Nourish digital systems monitor every aspect of needs to enhance the quality of our care.



Our activities programme has operated for 30+ years and enriched thousands of resident lives during that time.

Catering to your every tastes

When it comes to your stay at Compton, we recognise it must never be 'one-size-fits-all' approach. There is no such thing here as a 'typical' resident and our team works hard to ensure that your own unique needs and tastes are catered for in every aspect.

For food, our expert chefs will take your meal preferences into account. We offer a wide variety of options and cater for dietary requirements, such as Halal. We provide special seasonal menus at times such as Easter and Christmas, and staff often eat with the residents in our dining areas, providing a relaxed shared experience.

We know that eating in a group environment isn't for all residents, all of the time. When and where you eat is your choice. If you'd prefer to sleep in in the mornings, for example, and have breakfast in bed at the time of your convenience, then that is what we will provide! Your family and loved ones are always welcome to join you for a meal.

For activities, along with arts we offer fitness, dance and music classes to name but a few, hosted by professional facilitators and care staff. We also run an inter-generational project that involves residents interacting with primary school children; talking to each other, playing games, and taking part in a variety of activities. We were finalists in the Best Home for Activities category at the 2021 Care Home Awards.

There's a range of **visiting** options to suit both residents and their loved ones alike. Visitors can come to see our residents in their rooms, sit out in our gardens on nice days, or use our safe and secure visiting pods, which provide some protection from Covid-19 as well as privacy. Residents also keep in touch digitally, through the home's iPads and Skype-enabled TV.



Gaining more artistic talent at Compton!

Celia, current resident



"I wouldn't say I was particularly talented at art, but it was an interest I have always held. It's something that has always been there for me.

"I have been painting all my life. Even in school I used to have double Art on a Friday afternoon and I thought it was a lovely way to end the week. It also got me out of Geography!

"Over the years, I have progressed from drawing and painting to trying various other aspects, such as oils and watercolours. "Since I moved into Compton Lodge, I've been made aware that the opportunity of

arts classes and support from staff is there, as and when I want to access it. I know I can take art more seriously than before should I wish.

"As someone who doesn't have my own family, I've made a new family of sorts within the home. You really do enjoy each other's company, especially sitting altogether at meal times. I especially enjoy not having to cook my own meals anymore!

"I have got one or two pictures that I have done, which are in my bedroom. Art is a nice thing to do as it is something that I have always done."

It feels like home

Enabling Compton to feel like a 'Home from Home' includes helping you to personalise your room with your own furniture, pictures and memorabilia that you may have held for years. You can even choose your colour scheme and soft furnishings for your room before moving in, and most rooms come with an ensuite toilet with ensuite showers available for some rooms. There's even the opportunity to bring in your own pet!

All profits we make are put straight back into the home to ensure that they are well maintained. Our activities programme benefits in this way, as does our technological offering to support individual care programmes and your ability to engage and interact with others.



Our family feel

The Compton Lodge Friends and Relatives Group runs independently of the home, and helps our residents' wider families feel more connected and informed, building on our family feel.

We build strong relationships with loved ones, and they are regular visitors to the home, actively engaged and always warmly welcomed. Family and friends often take residents out to the family home, to visit other relatives, to go for a walk or to the local pub, café or restaurant.

We have a perfect balance of staff who have worked in care for many years and those who are newer to care. We invest in our staff and their continued professional development with professional qualifications and ongoing training.



What our residents' loved ones say about us

A selection of recently published Compton Lodge reviews on carehome.co.uk

“

My aunt really enjoys being at Compton Lodge. The **staff are fantastic**, chat with everyone, responsive in emails, helpful with me. She can do lots of different things like singing and art classes. There are always people around so **it feels lovely and friendly**...rooms comfortable, calm, very clean and tidy and she is very well looked after. Garden is also very lovely. It is a really nice house too.”

“

All the **staff are very friendly and helpful**, my mum has been here for just over two years and the staff know all her funny ways and fussy eating habits and **deal with her kindly and efficiently**.
Lovely, clean home with a beautiful garden.”

Please get in touch to find out more and book a tour



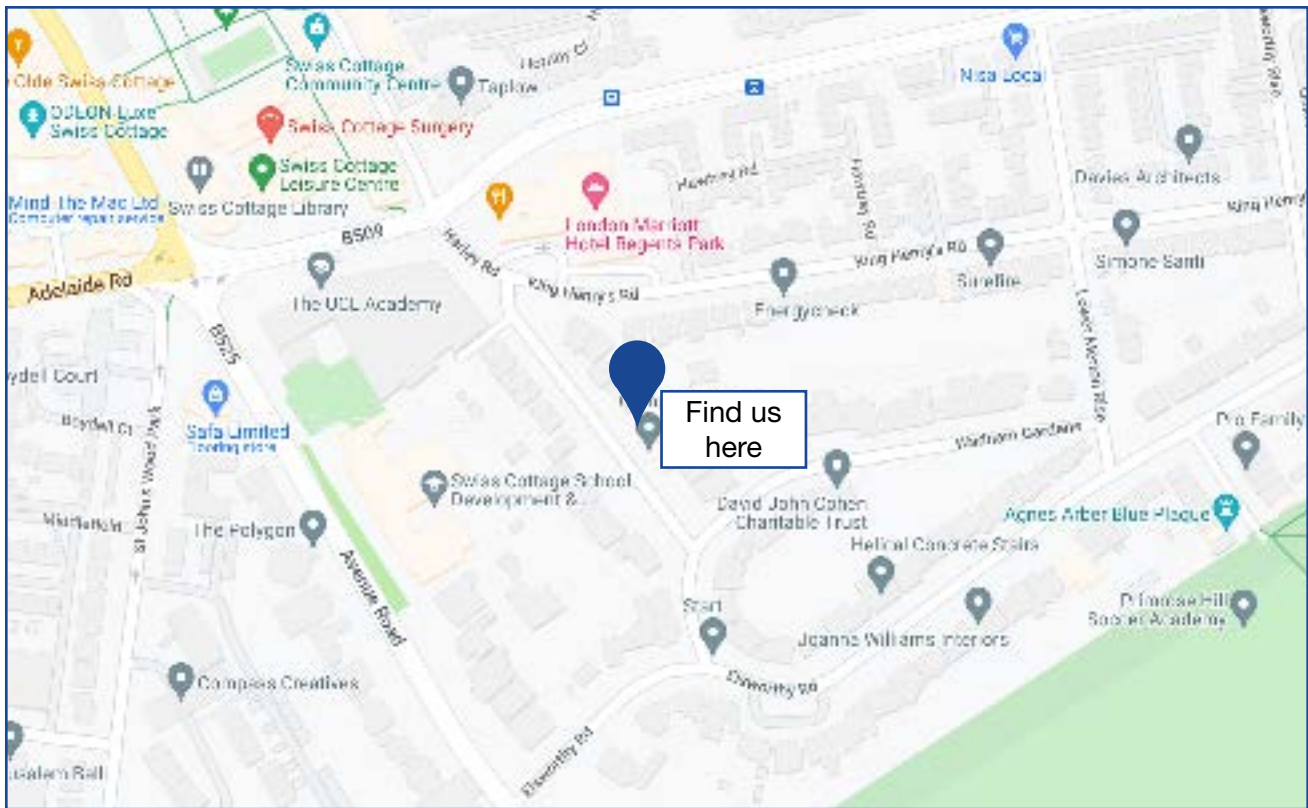
[020 7722 1280](tel:02077221280)



careenquiries@ccht.org.uk



ccht.org.uk/compton



All our care homes are registered with CQC and are fully compliant ensuring we meet the standards set out by CQC. For further details please look at our latest reports at: www.cqc.org.uk/compton



INVESTORS IN PEOPLE
We invest in people Gold

